

About Brynn

Brynn is a wife, an extreme parent to a wild toddler and an eight-year-old son with 5 behavior diagnoses, and a lover of napping outside in her hammock. As a licensed teacher specializing in differentiation for the difficult learner, she pairs her 20+ years of experience as a mental health professional to work tirelessly to provide adaptive programming for at-risk youth and youth with disabilities as well as training for parents, churches, and communities to better serve our inclusion population. She's a Best-Selling Author, a national speaker, and a coach for extreme parents navigating raising children with behavior diagnosis, mental health, and trauma survival as she battles in the trenches alongside them. For three years, she's parented from a tiny house with her husband and two kids, smiles with her mouth wide open, and has a heart for Jesus. Simplicity and intentionality play a major role in Brynn's life, and she travels the United States helping people become the best version of themselves, through the lens of Christ. [Follow her on her blog](#)
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