About Bampi

Bambi Loveday is a wife to her best friend and mother of four from Tennessee. When not working or running her kids to various activities and sporting events, she enjoys playing the piano, painting/crafting, and writing/managing her blog Love, the Only Thing. Being a Compassion International Sponsor for over 12 years, she is also very passionate about helping children and families in need. She writes with the objective of encouraging others and pointing them to Jesus. Her work has been published at Her View From Home, The Today Show, Today Parents, and Love What Matters. You can also follow her on Facebook and Instagram.





